## SAILORS AFRAID

Fill out this chart:

	Psalm 107:23-32	Jonah 1	Acts 27:13-44
1. In what ways are the situations in these texts similar to that of today's text?			
2. In what ways are the situations in these texts unlike that of today's text?			
3. Why did courage disappear?			
4. On a scale from 1 (never) to 10 (very frequent), how often does a similar situation happen today in a literal sense?			
5. On a scale from 1 (never) to 10 (very frequent), how often does a similar situation happen today in a figurative sense?			

## FEAR BUSTERS

Part 1. Work with a partner or two to find a dozen or so Scriptures to help us with our fears. Use an online
resource such as Biblegateway.com or the concordance in the back of your Bibles to search for verses that
contain words such as <i>fear</i> and <i>afraid</i> . Write the passages on the lines below.

Part 2. Now choose one of these verses for each day of the coming week and jot the reference below. Commit to reading, and perhaps even memorizing, a different "fear buster" each day this week.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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