

September

SALEM SENIOR CENTER

2023

MENU

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4	5 Rotisserie Chicken Corn Green beans	6	7 Hotdogs French Fries Coleslaw	8	9
10	11	12 Spaghetti Garden Salad	13	14 Outing	15	16
17	18	19 Salisbury Steak Yellow Rice & Gravy Broccoli	20	21 Ham and Turkey Sandwiches with Chips Fruit Salad	22	23
24	25	26 Meatloaf Mashed Potatoes Mixed Vegetables	27	28 Outing	29	30

September

Menu

2023

Salem Senior Center

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4	5 Devotion: 10:30 Exercise: 11:00 Coloring Contest Lunch	6 Bible Study 11:00 Zoom Number 88976381047	7 Devotion: 10:30 Exercise Game Day Lunch	8	9 Atlanta History Center 9:00
10 Pastor Support	11	12 Devotion: 10:00 Exercise -- Bingo/Chess Lunch	13 Bible Study 11:00 Zoom Number 88976381047	14 Jaemar Farms 9:00	15	16 Mother's Board Meeting 10:00
17	18	19 Movie: TBA In person or Movie Theater	20 Bible Study 11:00 Zoom Number 88976381047	21 Devotion: 10:00 Exercise Karaoke Lunch	22	23
24 Women's Day	25	26 Devotion: 10:00 Nutrition Presentation Lunch	27 Bible Study 11:00 Zoom Number 88976381047	28 Outing: Birthday Celebration	29	30