

Prayers of Repentance and Confession

Lesson 6, Psalm 51:1-4, 10-12, 15-17, KJV

ALL MY TRANSGRESSIONS

Below are listed the Ten Commandments (Exodus 20:3-17). Write down examples of how people are guilty of breaking these commands at one time or another. Then “blot out” (color over) every iniquity with a black permanent marker and answer the question at the end.

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| 1. “Thou shalt have no other gods before me.”
(Exodus 20:3) | 5. “Honour thy father and thy mother” (Exodus 20:12). |
| 2. “Thou shalt not make unto thee any graven image. . . . Thou shalt not bow down thyself to them, nor serve them” (Exodus 20:4-5). | 6. “Thou shalt not kill” (Exodus 20:13). |
| 3. “Thou shalt not take the name of the LORD thy God in vain” (Exodus 20:7). | 7. “Thou shalt not commit adultery” (Exodus 20:14). |
| 4. “Remember the sabbath day, to keep it holy” (Exodus 20:8). | 8. “Thou shalt not steal” (Exodus 20:15). |
| | 9. “Thou shalt not bear false witness against thy neighbour” (Exodus 20:16). |
| | 10. “Thou shalt not covet . . . any thing that is thy neighbour’s” (Exodus 20:17). |

How does it feel to know that God blots out all your sins?

CAUSE AND EFFECT

Study the two lists in the context of Psalm 51:10-12. Fill in the blanks with the opposite of the adjoining word. The first row has been completed as an example. In the last few blanks, think of three more phrases (and their opposites) that could fit each category from your own experiences.

Effects of Our Sin

1. Dirty and spoiled heart
2. Old and worn-out spirit
3. _____
4. _____
5. Despair and regret
6. Weak and vulnerable spirit
- _____
- _____
- _____

Effects of God’s Mercy

- Clean and pure heart
- _____
- United with God
- Filled with the Holy Spirit
- _____
- _____
- _____