

The Lord's Day

Lesson 11, Exodus 20:8–11; Romans 14:4–6; Revelation 1:10, KJV

First Day

Discuss the following questions with one other person.

	My Answer	My Partner's Answer
1. Do you reserve one day each week to rest from work? Why, or why not?		
2. Do you observe Sunday as “the Lord’s Day”? Why, or why not?		
3. Considering Romans 14:5–6, which day or days do you hold to be more important than others, if any, in terms of honor and devotion to God? Why?		

Some Christians Say . . .

What would you say if you were told the following statements by another believer? Jot down your response below each statement. After you complete the exercise, discuss responses with a partner.

“If I don’t attend church on the Lord’s Day, I feel as though I’m sinning.” _____

“Relaxing with my coffee is far more restful than getting ready and going to church.” _____

“Who has time to rest? I pick up as many shifts as possible to pay the bills.” _____

“I view Lord’s Day worship as a privilege, not a duty.” _____

“I don’t need to attend church. I can experience God on a hike in the mountains.” _____

“The people at church are odd. Frankly, I’d rather have brunch with my friends who don’t attend church.” _____